



“YOU ARE THE
LIGHT
OF THE WORLD...”

RID 3291, Zone-16
Rotary
Garden Reach



**2319th Regular Weekly Meeting
1st Board Meeting**



**UNITE
FOR
GOOD**





"YOU ARE THE
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OF THE WORLD..."



PEACEBUILDING
AND CONFLICT
PREVENTION

Greetings on Birthday

July 8th : PP Tanu Roy and Rtn. Abhijit Das

July 10th : Spouse Rajshree, Wife of PP Sanjay Bhatt

July 11th : Spouse Dr. Payal, Wife of Rtn. Dr. Amitabh Ray

Sourav, Son of PP Chinmay Pal

Greetings on Anniversary

July 8th : Spouse Sagarika & PP Subir Singha Roy



DISEASE
PREVENTION
& TREATMENT



WATER,
SANITATION
& HYGIENE



MATERNAL &
CHILD HEALTH



BASIC EDUCATION
& LITERACY



COMMUNITY
ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Focus: Maternal and Child Health



Every mother and child deserves a chance at a healthy life. As we spotlight **Maternal and Child Health** this month, Rotary reaffirms its commitment to reducing maternal and child mortality, supporting nutrition, and improving access to quality care.

Why It Matters

Over 800 women die daily from preventable causes related to pregnancy and childbirth. 5 million children under age 5 die each year due to poor nutrition and lack of basic healthcare. Rotary projects around the world are helping to change this—one community at a time.

What Can Your Club Do?

Here are some meaningful actions to consider:

Support Local Clinics: Partner with a nearby maternal health centre or children's hospital. Provide supplies, volunteer time, or fund specific needs.

Promote Health Education: Organize awareness drives on topics like prenatal care, breastfeeding, immunization, and hygiene.

Distribute Maternal Kits: Assemble and donate clean birth kits or postnatal care packages.

Host a Speaker: Invite a local doctor, midwife, or NGO to share insights on maternal and child health challenges in your region.

Partner Internationally: Collaborate with global Rotary projects improving maternal and child health in underserved areas.

Rotary in Action

Through partnerships with organizations like UNICEF, WHO, and local NGOs, Rotary enhances health infrastructure and empowers communities to care for their most vulnerable.



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Message from IRIP Stephanie Urchick



Dear Family of Rotary,

In moments of change the strength and resilience of our Rotary family shine brightest. Following the unexpected resignation of Mário César Martins de Camargo, the Rotary International Board moved swiftly and thoughtfully, in accordance with our bylaws, to ensure continuity in our mission and leadership.

I am proud to share that Francesco Arezzo of the Rotary Club of Ragusa, Italy has accepted the nomination to serve as Rotary International President for 2025–26. Francesco Arezzo has been a member of Rotary for more than 30 years and is a Benefactor of The Rotary Foundation.

His dedication to Rotary values and vision for a better world make him a remarkable choice to lead us forward.

This transition reminds us that Rotary is more than any one individual—it is a global movement, deeply rooted in fellowship and service, capable of adapting and thriving no matter the challenge.

Now is the time to Unite for Good under Francesco's leadership, and together we will propel Rotary into a future defined by hope, action, and community.

Warmest regards,
Stephanie A Urchick
President, Rotary International, 2024–25



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The joy of Selfless Service

Aviral Mittal, Rotary Muzaffarnagar Galaxy, UP

Joy, at its deepest level, comes not from what we receive, but from what we give. Over time, I've come to realize that one simple yet powerful act that brings true joy into my life is serving others beyond limits – without any expectation in return.

Every day, I make it a point to help someone – sometimes with my time, sometimes with my words, and often, just by being present. This kind of service has reshaped how I view the world. It silences the ego, builds character, and reconnects me with what truly matters: compassion, connection, and contribution.

One of the greatest blessings in my journey has been my association with Rotary. Through Rotary, I've found a platform that aligns perfectly with my purpose. It allows me to serve communities, empower individuals, and be part of something larger than myself. Whether it's organizing health camps, supporting education, or helping provide clean water and sanitation – Rotary reminds me that **Service Above Self** isn't just a motto, it's a way of life.

Each project I contribute to through Rotary is a chance to change someone's life. And more often than not, it changes mine too. The smiles I see, the gratitude I feel, and the impact we collectively create remind me daily that joy is not about accumulation but contribution.

Every time I step out of my comfort zone to serve, I feel more human. I feel alive. And most importantly, I feel joyful in the truest sense of the word. If you've ever wondered where real happiness comes from, try giving without expecting anything back. Try serving someone who can never repay you. That's where the magic begins – and where joy, at its deepest level, is born.



Attendees look to the future at the Rotary International Convention

Impact was the watchword on the second full day of the Rotary International Convention in Calgary, Canada, as speakers discussed topics from raising happier children to using artificial intelligence for more effective initiatives.



Academy Award-winning actor and activist Geena Davis addressed the event's second general session about her work to increase and improve the roles for women and girls in Hollywood — and her lifelong effort to stop being “epically polite.”

“I’ve spent most of my adult life advocating for women and girls to reach their full potential in various ways,” she said. “Raising girls to be polite, to please, to not use their voices, is crushing.”

Davis, who starred in the movies “Thelma and Louise,” “A League of Their Own,” and many more, described how her profession taught her self-confidence.

“Becoming an actor gave me an unexpected opportunity,” she said. “You’ve heard the expression ‘Fake it till you make it.’ In my case, it’s been, ‘Act it, and you might just become like that in real life.’ I’ve been surprised along the way by how the parts I’ve played have led me to becoming a much bolder person.”

Davis also talked about how, when her daughter was a child, she noticed disparities between male and female characters in children’s media and delved into the data.

“By feeding our youngest kids a seriously imbalanced world from the beginning,” she said, “we unwittingly have trained generation after generation to see women and girls as less important than men and boys.”



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She said recent U.S. data shows there's gender parity in lead characters, and urged Rotary members to think about how women and girls are represented in their clubs and their communities.

"We can create what the future looks like," she said.

A DJ set enlivened the session, providing an opportunity for the audience to sing along to karaoke, and puppets from the long-running children's TV show "Sesame Street" brought humour. The show's senior vice president of curriculum and content, Rosemarie Truglio, discussed ways to raise healthy, happy children and become happier as adults.

She offered advice for parents and everyone else: Don't be afraid to "spill milk" — that is, to make mistakes and allow your children to make them.

"Shift away from perfectionism," she said. "Mistakes are okay. Shift away from shame and focus on curiosity. Most important: Praise the effort and not the end product."

She also reassured audience members that they weren't alone if they were feeling anxious about how to do that.

"We all need tools and guidance to help children be resilient and to help us cultivate awe, wonder, creativity, and joy in our children's lives," she said.

Two of Rotary's young leaders also addressed the session, describing the impact Rotary programs had on their life trajectories.

"In a time marked by loneliness, anxiety, polarization, and disconnection, the kind of community, mentorship, and global thinking that Rotary offers are life-changing," said Kamil Kanji, co-founder of the Rotary Interact Advisory Council.

His sentiments were echoed by Maya Povhe, co-chair of the Rotary International Youth Advisory Council.

"On behalf of young people everywhere, we need you to keep investing in us, training us, mentoring us, believing in us, and pushing us to create a world where everyone can be a globally minded leader," she said.

Keeping the focus on the future, artificial intelligence has been a hot topic at the convention. Hundreds of people crowded into the Harnessing Artificial Intelligence for Global Impact breakout session, where members of the Artificial Intelligence Rotary Fellowship discussed the technology's current and future effects on society.

"As Rotary members, one of the things we do is go into communities and make change," said Mariam Fayez, the vice chair of the fellowship. "Artificial intelligence can help in our projects. We have a guiding star, The Four-Way Test, so we aren't really threatened by AI. We can use AI to support our projects, making them more effective."

Other breakout sessions explored topics including leadership in the non-profit sector and the need to anticipate the challenges clubs will face over the next decade.

Blood Donation at Nabarun Samity, Maheshtala



A Blood Donation Camp was successfully organised on July 13th, 2025 at Nabarun Samity, Santoshpur, Maheshtala, in support of thalassemia patients. The camp was conducted jointly by Rotary Garden Reach and Inner Wheel Garden Reach, in collaboration with Kothari Medical Centre, Kolkata.

A total of 75 generous donors participated in this noble initiative. Notably, 50% of the blood donor cards will be reserved specifically for Thalassemia patients, ensuring critical support for their on-going treatment.

The donors and volunteers were provided with glucose water, refreshments, and snacks by Rotary Garden Reach and Inner Wheel Garden Reach, in appreciation of their selfless contribution. The camp witnessed the active presence and support of the President and members of both clubs, reaffirming their commitment to community health and service.

This initiative is a part of our continuous effort to raise awareness and extend support to Thalassemia patients and promote voluntary blood donation in the community.



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7 Ways to inspire new Rotary Members to engage

1. Give Purpose, Not Just Projects

Frame Rotary as a mission, not a meeting.

Share real stories of lives changed — locally and globally.

Connect each new member's personal values or skills to Rotary's causes (e.g., education, peace, environment, etc.).

Example: "You're passionate about youth mentoring? You'll love our Interact Club connection."



DISEASE
PREVENTION
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2. Make It Personal from Day One

Assign a Rotary mentor to every new member.

Do a "getting-to-know-you" moment at a meeting where they're celebrated.

Ask: "What impact do you want to make?" — then listen and match them to a committee or service opportunity.



WATER,
SANITATION
& HYGIENE

3. Show the Big Picture

Many new members don't realize how global Rotary is.

Share videos or visuals of global projects (End Polio Now, disaster relief).

Show them how their local action connects to international impact.

Idea: A visual board at meetings: "This local project connects to these Global Goals."



MATERNAL &
CHILD HEALTH

4. Create 'Quick Wins' for Involvement

People feel more committed when they contribute early.

Give them a small, meaningful role immediately (e.g., greet guests, run social media, join an event crew).

Use their professional strengths creatively — graphic design, public speaking, logistics, mentoring, etc.



BASIC EDUCATION
& LITERACY

5. Celebrate Every Contribution

Recognize them in meetings, newsletters, and social media — even for small wins.

Use fun awards like "Rotarian Rising Star" or "Service Spark."



COMMUNITY
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6. Keep Communication Open & Inviting

Use WhatsApp or group chats to share quick updates and encouragement.

Include them in planning and ask for feedback often:

"What would make Rotary more exciting for you?"



ENVIRONMENT

7. Build Belonging, Not Just Attendance

Mix in fellowship with service: potlucks, family events, "Rotary & Chai," or casual meet-ups.

Host a "Why I Joined Rotary" storytelling night — where newer and seasoned members share.



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Minutes of the 2318th RWM held on June 24th, 2025 at BNR Officers' Club, Garden Reach

1. President Biswajit welcomed the members and requested them to rise for the National Anthem.
2. President Biswajit gave his vote of thanks to the Board, members and his team for a successful Rotary Year 2024-25. This was followed by the exchange of the collar, the hammer and gavel and the Charter.
3. President Bandaru thanked the Board, club members and his team for Rotary Year 2025-26 and called on the support of all to ensure a successful year. He outlined his goals and objectives for the year and pledged his commitment towards impactful service.
4. PP Dr. Arabinda Ray proposed that there was a need to reactivate our RCCs to which the members agreed. RCC coordinators PP Dr. Sumanta Dasgupta & PP Prosenjit Barua opined that there was need for better coordination and communication between the RCCs and the coordinators. PP Timir suggested that we do a need based assessment of our RCCs to which the members agreed. It was proposed and agreed that IPP Biswajit Saha would also be nominated as a RCC Coordinator.
5. President and Secretary welcomed the Chief Guests of the evening, doctors from Brahmachari Balananda Research Hospital. They were felicitated along with the doctor members of Rotary Garden Reach. Certificate of Appreciation along with a framed artwork were presented to the doctors as a token of our appreciation.
6. Club Secretary presented his vote of thanks. He thanked all the members for attending the RWM and the Doctor's felicitation ceremony and thanked all the doctors for their unwavering commitment to serve the society and for the tireless work they put in.
7. The Club Secretary conducted the Club Business.
8. Minutes of the last RWM were confirmed. President Bandaru terminated the meeting.